**Music Training for Primary School Teachers – 12 Weeks**

**Start Date:** September 2025 – End of November 2025  
**Location:** Violet Center for the Arts  
**Structure:** 2 lessons per week, 2 hours per lesson

**Program Goals**

* Equip teachers with music education methods that are immediately applicable in the classroom.
* Utilize Orff instruments, rhythm cards, graphic notation, Dalcroze techniques, and musical building blocks.
* Provide didactic tools for dynamics, time signatures, rhythm, and musical form.
* Foster creativity and learning through play-based approaches.

**Week 1 | Introduction & Fundamentals of Music Education**

**Lesson 1 (2 hours) – Music as a Pedagogical Tool**

* Introduction to the program and instructors.
* Music as a developmental tool for young children.
* Overview of the Orff method and rhythmic foundations.
* Practical exercise: basic rhythm games.

**Lesson 2 (2 hours) – Basic Musical Elements & Rhythm Cards**

* Introduction to rhythm, melody, and harmony in education.
* Using rhythm cards for structure and playful learning.
* Rhythmic exercises with clapping, stomping, and body percussion.

**Week 2 | Orff Instruments & Learning Through Movement**

**Lesson 3 (2 hours) – Introduction to Orff Instrumentation**

* Exploring xylophones, glockenspiels, drums, claves, and shakers.
* Learning through simple melodies.
* Classroom collaboration and group play.

**Lesson 4 (2 hours) – Dalcroze Techniques & Movement-Based Learning**

* How music and movement work together in education.
* Expressing rhythm through walking and dance exercises.
* Creative improvisation based on rhythm and melody.

**Week 3 | Rhythmic Building Blocks & Musical Form**

**Lesson 5 (2 hours) – Rhythmic Foundations for Education**

* Introducing rhythm language (e.g., "ta-ta-ta-ta" vs. "ti-ti-ta").
* Developing rhythmic variations and group games.
* Exercises with music notation and improvisation.

**Lesson 6 (2 hours) – Musical Form & Structural Techniques**

* Understanding different musical forms (canon, rondo, AB form).
* Teaching structure through didactic methods.
* Applying graphic notation in the classroom.

**Week 4 | Dynamics, Tempo & Time Signatures**

**Lesson 7 (2 hours) – Dynamics and Tempo in Music Education**

* How dynamics and tempo influence emotions.
* Exercises with soft and loud sounds.
* Using conducting and gestures as teaching tools.

**Lesson 8 (2 hours) – Time Signatures & Rhythmic Patterns**

* Exploring 2/4-, 3/4-, and 4/4-time signatures.
* Fun ways to teach children about rhythm structures.
* Rhythmic accompaniment and group play.

**Week 5 | Developing Lesson Plans & Teaching Strategies**

**Lesson 9 (2 hours) – Designing Engaging Music Lessons**

* Structuring an effective music lesson.
* Building a lesson around a musical theme.
* Interactive methods and playful learning techniques.

**Lesson 10 (2 hours) – Practical Applications in the Classroom**

* Examples of lesson plans for music education.
* Techniques to actively engage children.
* Cross-disciplinary connections: music & language, music & math.

**Week 6 | Creative Composition & Improvisation**

**Lesson 11 (2 hours) – Fundamentals of Composition & Song Development**

* Guiding teachers in composing simple songs.
* Developing melodies with basic chords.
* Exercises in rhythmic and melodic improvisation.

**Lesson 12 (2 hours) – Child-Oriented Improvisation & Playful Music Making**

* Encouraging children to create their own music.
* Structured improvisation within a learning framework.
* Games that inspire musical exploration.

**Week 7 | Musical Expression & Interaction**

**Lesson 13 (2 hours) – The Role of Music in Child Development**

* How music supports cognitive and social development.
* Interactive activities that nurture creativity.
* Music as a tool for relaxation and self-expression.

**Lesson 14 (2 hours) – Storytelling Through Music**

* Using music to enhance narratives.
* Connecting songs with storytelling.
* Rhythm and melody as speech supports.

**Week 8 | Music & Culture in the Classroom**

**Lesson 15 (2 hours) – World Music & Cultural Diversity**

* Exploring musical traditions from different cultures.
* Songs and rhythms from around the world.
* Music as a bridge for intercultural understanding.

**Lesson 16 (2 hours) – Ethnomusicology in Primary Education**

* How music aids language and cultural education.
* Practical methods for integrating world music.
* Singing, rhythm, and instruments from various regions.

**Weeks 9-12 | Practical Application & Showcase**

**Week 9 | Lesson Development & First Trial**

**Lesson 17 (2 hours) – Structuring a Music Lesson**

* Teachers draft a lesson plan based on prior learning.
* Selection of a central theme (e.g., rhythm, melody, cultural music).
* Incorporating Orff instruments, movement-based activities, and storytelling.
* Peer feedback on lesson outlines.

**Lesson 18 (2 hours) – First Teaching Trial & Adjustments**

* Teachers conduct a **mock music lesson** with classmates acting as students.
* Focus on engagement techniques and clear instructional methods.
* Reflection session: what worked, what needs improvement?

**Week 10 | Refining Teaching Techniques**

**Lesson 19 (2 hours) – Enhancing Interactive Elements**

* Fine-tuning lesson structure for maximum engagement.
* Adjusting classroom activities to suit different learning styles.
* Exploring interdisciplinary connections (music & language, music & movement).
* Teachers adjust based on peer feedback.

**Lesson 20 (2 hours) – Teaching Practice with Children**

* Teachers test their **developed music lessons** with a small group of students.
* Observing student responses and making real-time adaptations.
* Discussion: Challenges faced, and effective strategies used.

**Week 11 | Final Refinements & Showcase Preparation**

**Lesson 21 (2 hours) – Personalizing the Lesson for Your Classroom**

* Teachers tailor their lesson for their specific school setting.
* Strategies for inclusiveness: adapting activities for neurodiverse learners.
* Preparing visual aids, props, and musical materials for showcase day.

**Lesson 22 (2 hours) – Rehearsing the Final Lesson Presentation**

* Teachers conduct a final practice session of their music lesson.
* Refinement of transitions, instructions, and interaction techniques.
* Peer review session: last-minute tips for improvement.

**Week 12 | Showcase & Certification Ceremony**

**Lesson 23 (2 hours) – Live Showcase of Music Lessons**

* Teachers **present their full music lesson** in front of an audience.
* Interactive demonstration incorporating movement, instruments, and rhythm games.
* Teachers receive feedback from educators and arts specialists.

**Lesson 24 (2 hours) – Reflection & Certification Ceremony**

* Group discussion on key learnings and takeaways.
* Teachers receive certificates recognizing their completion of the training.
* Closing celebration with music, networking, and exchange of lesson plans.

This revised **final phase** ensures teachers not only gain confidence in their skills but also create lessons that are **engaging, adaptable, and ready for real-world classrooms**!